



I-GO



Inter-Generational Outreach Program



Bringing Generations Together



Share Your Knowledge Learn Something New

- 
- ❖ Form friendships with younger people
 - ❖ Share in activities of mutual interest
 - ❖ Learn a new skill
 - ❖ Keep physically and mentally fit
 - ❖ Have some fun
- 

CONTACT: SHIRLEY, THE I-GO COORDINATOR

Let the wise teach the innocent and let the innocent refresh the weary.