

Living with Autism

Love without boundaries

You are not alone:

The demands of living with a person with autism are great, and families frequently experience high levels of stress. Recognizing and preparing for the challenges that are in store will make a tremendous difference to all involved, including parents, siblings, grandparents, extended family, and friends.

The uniqueness of each individual with autism makes the experience of living with autism different for each family. But there are some consistent themes or issues that most families will want to be aware of to be able to provide the best support to the individual and to family members.

There are many resources available:

- **The Best Kind of Different by Shonda Schilling**
 - The wife of retired Red Sox pitcher, Curt Schilling, writes about her son Grant and Asperger's.
- **The Horse Boy: A Father's Quest to Heal His Son by Rupert Isaacson**
 - A gripping story about a fiercely determined father's efforts to help his son with autism.
- **Look Me In The Eye by John Elder Robison**
 - A first-hand account of growing up with undiagnosed Asperger's.
- **Autism and Me: Siblings Stories by Ouisie Shapiro**
 - Fourteen siblings share their perspectives, experiences, and personal narratives of Autism.
- **Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies by K. Bock, M.D., and C. Stauth**
 - Detailed discussions of the conditions and healing protocols.
- **The Fabric of Autism: Weaving the Threads into a Cogent Theory by Judith Bluestone**
 - Examples of autistic behavior and treatments that have shown benefits.



More resources are available from:

Friendly Events

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